

WHAT TO BRING TO CAMP

CLOTHING AND PERSONAL EQUIPMENT LIST

General considerations

Clothing taken on outdoor or adventure programs should allow participants to be comfortable and protected in a range of conditions, regardless of the season. Clothing that is quick drying and resistant to damage is ideal. Clothing should fit the person well. Practicality is the emphasis rather than how fashionable clothes are! Unsuitable or ill-fitted clothing can impair student participation and may be hazards.

Note: Students must not bring alcohol, cigarettes, medication not documented on the medical form, or illegal substances. Other items not to be taken must be communicated to students and parents.

Essential clothing and equipment all students must bring:

- Rain coat
- Warm jumper
- Long pants
- Shorts
- Woollen or Polar fleece jumper (at least one)
- T-shirts
- Long sleeve top
- Changes of underwear
- Socks
- Pyjamas
- Rain coat
- Sneakers
- 1 additional pair of shoes (in case of wet weather)
- Sun hat
- Water bottle
- Swimmers
- Thongs
- Bath mat
- Shower Towel
- Beach Towel

Sleeping

- Sleeping bag or Sheets
- Pillowslip
- Own Pillow (Optional, one provided)

Toiletries

- Soap and Shampoo
- Toothbrush and Toothpaste
- Deodorant (no aerosol sprays)
- Face washer
- Hair brush/Comb
- Insect repellent

Personal equipment

- Torch with batteries (fully working)
- Personal medical requirements
- Camera

